

Advanced Skills in Cognitive Rehabilitation for Occupational Therapists

Workshop Description

This hands-on workshop is intended for occupational therapists who wish to enhance their use of evidence-based occupational therapy interventions for cognitive rehabilitation after stroke or brain injury. The current clinical guidelines for cognitive rehabilitation and the evidence underpinning them will be presented and then translated into processes that can be readily implemented by occupational therapists following the workshop. The current clinical guidelines and decision-tree for cognitive rehabilitation and the evidence underpinning them will be presented. Learning will be undertaken through lecture, practical sessions, and group discussions.

Learning Objectives

By the end of this workshop, participants will be able to:

1. Identify the general guidelines for 1) occupational therapy assessment of cognition, 2) the use of external memory strategies, 3) the use of feedback strategies to increase awareness, and 4) goal-directed therapies for adults who sustained a stroke or brain injury.
2. Use a decision-tree to assist in determining which assessments and cognitive rehabilitation approaches to implement.
3. Describe techniques for improving insight, awareness and functional memory.
4. Prepare a clinical intervention program for carrying out the interventions to improve insight, awareness and functional memory in their own setting.
5. Understand the evidence concerning the effectiveness of cognitive rehabilitation in the selection and implementation of an occupational therapy intervention program for adults who sustained a stroke or brain injury.

About the Presenter

Julia Schmidt, PhD, University of British Columbia, Canada (Faculty of Medicine) and La Trobe University (Occupational Therapy Department). Julia is a postdoctoral fellow at the University of British Columbia Brain and Behaviour Laboratory. She has over ten years of clinical experience in neurological rehabilitation, during which she identified critical gaps in cognitive rehabilitation evidence, which inform her research questions. Julia completed her PhD at the University of Queensland focusing on the efficacy of interventions for impaired self-awareness and her current research interests are to understand how changes in the brain after injury impact a person's function and everyday life and develop effective cognitive interventions for people after brain impairment. Julia has facilitated multiple workshops and presented her research at international and national conferences.

Workshop Developed in Collaboration With

Natasha A. Lannin, PhD, La Trobe University (Alfred Academic Research Network) and Alfred Health (Occupational Therapy Department). Natasha is an Associate Professor in Occupational Therapy and directs a program of research in acquired brain injury rehabilitation research at Alfred Health (Melbourne). Natasha is a Fellow of both the American Occupational Therapy Association Academy of Research, and of

the Occupational Therapy Australia Research Academy in recognition of the contribution her research and trials have made to the profession internationally. She has given numerous regional, national and international presentations in the areas of stroke and brain injury rehabilitation and disability, and has authored or co-authored over 100 publications and several book chapters. Her principal research interests include rehabilitation following acquired brain injury from stroke or trauma, and transitions from hospital to home. She has an interest in knowledge translation to maximise occupational therapists' use of research evidence in their rehabilitation practice.

Emma Schneider, PhD candidate (La Trobe University), and Alfred Health (Occupational Therapy Department). Emma is a senior occupational therapist at the Alfred Health Acquired Brain Injury Unit (Melbourne) where she participates in brain injury rehabilitation research. Emma has over ten years of clinical experience in neurological rehabilitation. As a senior clinician, she provides regular education and leadership to allied health clinicians in the areas of upper limb rehabilitation, cognitive rehabilitation and evidence based practice. She has an interest in the implementation of evidence based practice to improve activity and participation outcomes for adults after brain injury.

Registration Form:

Advanced Skills in Cognitive Rehabilitation for Occupational Therapists

Name: _____

Address: _____

PH #: _____

Email: _____

Payment Information:

Visa _____ Exp. _____ CCV: _____

Mastercard _____ Exp. _____ CCV: _____

Billing Address:

**PLEASE SEND ATTACHED REGISTRATION FORM TO JASPER PHYSIOTHERAPY & HEALTH
CENTRE – ATTENTION COGNITIVE COURSE**

JASPERPHYSIO@TELUS.NET

FAX: 780-852-2263

OR PHONE YOUR REGISTRATION IN: 780-852-2262

YOU WILL RECEIVE AN EMAIL TO CONFIRM YOUR REGISTRATION

REGISTRATION DEADLINE IS MARCH 31/18.

**WE RESERVE THE RIGHT TO CANCEL THE WORKSHOP IF THERE ARE NOT ENOUGH
REGISTRANTS. A FULL REFUND WILL BE ISSUED.**

NO REFUNDS WILL BE ISSUED AFTER MARCH 31/18.